



MSURA SPARTAN SENIOR NEWSLETTER November-December 2019: [Online here](#). Previous issues [click here](#).

MSU BENEFITS OPEN ENROLLMENT OVERVIEW, OCTOBER 23, 2019 2-3PM AT COMMUNITY ROOM MSUFCU FARM LANE BRANCH. Dan Mackey and Tabatha Dixon of MSU Human Resources will provide an overview of the Benefits Open Enrollment process and have a Question and Answer session to answer your questions. Also, Sandra Campbell of the MSU Pharmacy will inform us of services they offer, such as free vaccinations.

NOVEMBER MEMBERSHIP MEETING: Monday, November 11th. Jamie Bernard and Karen Liby will present their cancer research findings. Hear an update on a very promising breast and lung cancer drug developed by MSU researchers at the Nov. 11 membership meeting. Also, Dr. Karen Liby will be discussing how chronic inflammation contributes to the development of numerous chronic diseases, including cancer, and how to target this process with novel drugs. Dr. Jamie Bernard will discuss how studying environmental risk factors for carcinogenesis has led to the discovery of new pathways that can be targeted for prevention and treatment. Dr. Liby joined the Department of Pharmacology/Toxicology at Michigan State University as an associate professor in August 2015. Dr. Bernard joined the Department of Pharmacology and Toxicology at Michigan State University as an assistant professor in March 2015.

Meeting will be held at the MSU Federal Credit Union Farm Lane & Mt Hope branch Community room at 2PM, coffee and donuts at 1:30PM.

THEATRE-DINNER EVENT, NOVEMBER 24, 2019 A CHRISTMAS CAROL: THE RADIO SHOW 2PM FOLLOWED BY DINNER AT RED CEDAR GRILL. Save the date! Join your fellow retirees for an afternoon of theatre at Williamston Theatre, 122 S. Putnam Street in downtown Williamston. Single tickets go on sale October 29. Individuals should purchase their own tickets beginning October 29. Those wishing to join a group of retirees for dinner and conversation at the Red Cedar Grill (150 E. Grand River, Williamston) should email, text, or call Jacqie Babcock (jbabcock@msu.edu) for a reservation.

VACCINATIONS FREE TO MSU RETIREES at MSU Clinical Center Pharmacy Monday through Friday 8AM to 5PM. Questions check [Pharmacy's web site](#) or call the Pharmacy, 517-353-3000.

- * **Flu vaccines**
- * **Shingles vaccines, “SHINGRIX”**
- * **Tetanus vaccines, “Tdap”**

PART-TIME EMPLOYMENT OPPORTUNITIES: Who says you can’t go back to work? Culinary Services has many positions available that are perfect for retirees! There are various hours and shifts within the dining halls including hosts, kitchen prep, platform servers and dining room attendants. They offer competitive wages and flexible schedules! And they value your experience and commitment to MSU. Please apply on-line by going to jobs.rhs.msu.edu and search for “MSU Retiree” under “Non-student” jobs. If you have any questions, please contact RHS Employment at 517-884-0634.

TRI-COUNTY OFFICE ON AGING PROGRAMS FOR SENIORS

Tri-County Office on aging has a number of programs to assist seniors? Most are FREE of charge. Check out what they have coming up including programming addressing: diabetes, chronic pain, managing concerns about falls, and programs for caregivers too. <https://www.tcoa.org/classesevidence-based-programs/>

MSU ELI AND EDYTHE BROAD ART MUSEUM EVENTS, current and up coming events.

MSU COLLEGE OF MUSIC EVENTS. Interested in musical experiences? See their website’s [Events Page](#) for upcoming performances, along with details.

MSU THEATER’S EVENTS, check out theatre.msu.edu to see the special events and programming.

MSURA GROUPS AND ACTIVITIES: There are several interest groups on our website – with everything from bowling to walking [click for list](#). Below is information on current active groups.

<u>GROUP</u>	MSURA GENERAL INFORMATION	CONTACT
<u>Amateur Radio Club</u>	We are amateur radio enthusiasts.	Ed Oxe, W8EO at oxer@msu.edu .
<u>Genealogy</u>	Meets monthly, contact Cathy Estrada for more information.	Cathy Estrada cje1026@yahoo.com (517) 256-3733
<u>Knitters</u>	Meetings are every other Tuesday in room 27 Nisbet bldg.	Rosemary Pavlik, pavlik@msu.edu

Quilters	3 rd Monday of each month at 1:00PM at University Luther Church, 2010 S. Harrison, EL	Ann Booren, boorena@msu.edu
Travel Discussion	Contact Al LeBlanc for meeting times and more information.	Al LeBlanc aleblanc@msu.edu or 517-655-6545
Military History Study	Meetings announced through email. Contact Al LeBlanc for more information.	Al LeBlanc aleblanc@msu.edu or 517-655-6545
Walking	Walk the campus river trail and other great places with your fellow retirees. Contact Rick Vogt for more information.	Rick Vogt, vogtrick@comcast.net

MSURA FACEBOOK PAGE: Are you involved in an interesting endeavor? MSURA wants to hear from you! Send us photos and/or a paragraph of your involvement and we'll add to the MSURA Facebook page. View all MSURA posts and photos at <https://www.facebook.com/MSURetirees>.

MSURA ENDOWED STUDENT SCHOLARSHIP: The MSU Retirees' Association started a endowed student scholarship in 2015. We wanted to support the next generation of our Spartan families. Today, we have endowed two scholarships and we are working on the third. These \$2500 scholarships are a big help in helping our young people. If you would like to contribute or make a pledge, go to www.givingto.msu.edu/1923; Additional contributions are welcomed and very much appreciated by the MSU students who benefit from these scholarships.

MSURA VOLUNTEERS: The MSU Retirees Association is an all-volunteer organization, and everything we do is made possible by MSU retirees and their spouses. If you have an interest in volunteering with the MSURA by sharing your ideas, time and talents, or willing to help in any way, please give us call at [517-353-7896](tel:517-353-7896) and leave your name and phone number. Thank you for your interest and willingness to serve MSURA.

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